

LEARNING RESOURCE CENTER NEWSLETTER

Hours of Operation

Monday-Friday:
8:30 a.m.-4:30 p.m.

Saturday-Sunday:
Closed

Sorry We're
CLOSED

REMINDER!

The Learning Resource Center will be closed Monday, Dec. 23 through Friday, Jan. 3 for Winter Break.

We will reopen on Monday, Jan. 6.

Enjoy your Holiday!

The LRC will also be closed on Monday, Jan. 20 for the MLK Holiday.
Please plan accordingly!

Learning Resource Center's 4 Part "Think Healthy Thoughts" Lunch and Learn Series

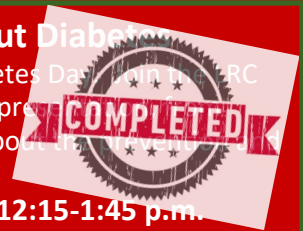
Nov. 14 - Nov.21 - Dec. 5 - Jan. 16



Let's Talk About Diabetes

November 14 is World Diabetes Day. Join the LRC for lunch and an interactive presentation by Margie Nahass, RN, Pa-C, about the effective management of Diabetes.

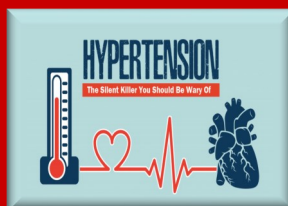
Thursday, Nov. 14 12:15-1:45 p.m.



You Are What You Eat

The LRC will be hosting a lunch and an interactive presentation by Margie Nahass, RN, Pa-C, where we'll take a look at how diet can impact our health.

Thursday, Nov. 21 12:15-1:45 p.m.



Hypertension: The Silent Killer

Join the LRC, along with Margie Nahass, RN, Pa-C, for lunch and an interactive presentation about "the silent killer," High Blood Pressure.

Thursday, Dec. 5 12:15-1:45 p.m.



New Year, New You

The LRC will be hosting the final event for this four part series with Margie Nahass, RN, Pa-C, with an interactive presentation about setting healthy goals and patterns for the New Year.

Thursday, Jan. 16 12:15-1:45 p.m.



Festive Friday!

*Christmas Music
and
Cookies in the LRC
every Friday in
December
in the LRC!*

Don't forget to stop by!

CARROLLTON BANK

prosperity connection

How to Start a Business: A Step-by-Step Guide

FREE



FREE

**Learn 10 steps to starting a business.
Tuesday, Dec. 10
12:15 - 1:45 p.m.**

**Please RSVP to
reserve your spot,
and your lunch!**

**618-874-8719
siue.esl.library@
gmail.com**



SOUTHERN ILLINOIS UNIVERSITY
EDWARDSVILLE
EAST ST. LOUIS CENTER

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EAST ST. LOUIS CENTER

Crafty Friday in the LRC: Christmas

**Join us in the Learning Resource Center
for some holiday craft time!
All materials and snacks provided.**

**Friday, Dec. 6
12:15-1:15 p.m.**

**Please RSVP to
reserve your spot!
618-874-8719
siue.esl.library@gmail.com**

**For more information:
Learning Resource Center,
Building B
601 James R. Thompson Blvd.
East St. Louis, IL 62201**



2020

HAPPY NEW YEAR

Black History Month Writer's Contest for Metro East High School Students

Students in grades 9-12 are invited to participate in the Learning Resource Center's Black History Month Writing Contest! Know a student who might be interested? Let them know about this upcoming opportunity! Deadline for submissions will be **January 26, 2020**. Topics, requirements, and PRIZES will be announced soon. Please stay tuned for further information and/or contact the LRC for additional details.

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STEM and Storytime...With Pumpkins!

The LRC has been working on library literacy outreach by servicing the Cahokia Head Start Center on Wednesdays several times per month. The children are enjoying library time in their centers along with activities to go along with each week's stories. The LRC has library time each Thursday for the Discovery Center Head Start on the SIUE-ESLC too. If you'd like library outreach for your children's center, please contact our Children's Librarian and Library Director, Rebecca Harper at rebharp@siue.edu.





Are you on our e-mail list? Would you like to be?

Let us know by sending an e-mail to siue.esl.library@gmail.com so you can stay up to date on all events provided by your Learning Resource Center!



SIUE East St. Louis Higher Education Center Campus Learning Resource Center

For more information, contact:
The Learning Resource Center,
Building B
601 James R. Thompson Blvd.
East St. Louis, IL 62201
618-874-8719
siue.esl.library@gmail.com



**LIKE US ON
FACEBOOK!**
[siue.esl.lrc.1](https://www.facebook.com/siue.esl.lrc.1)



**And follow
us on
Instagram**
[@siue_eslc_lrc](https://www.instagram.com/siue_eslc_lrc)



Did you know you
can always find the current and
all past calendars
and newsletters on the
Learning Resource Center's website?
Check us out!

<http://www.siue.edu/learning-resource-center>



Did you know the Learning Resource Center has
story time every Thursday with the Discovery Headstart
Center?

Did you know that, after Headstart's story
time, the LRC also holds an additional
story time open to the public?

Children five and under are welcome.
Please bring your toddlers, spread the word to other
parents, and get the word out!



All activities are FREE! Need to reserve a space?
Call: (618) 874-8719 or e-mail: sue.esl.library@gmail.com









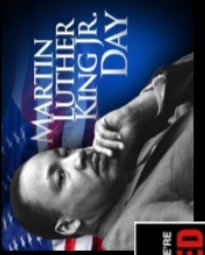







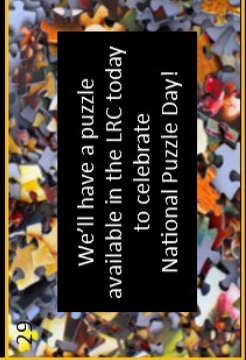





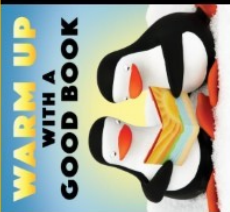
December 2019

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p>  <p>Support your Learning Resource Center and stay informed about all of our exciting, upcoming events by LIKING US ON FACEBOOK!</p>  <p>sue.esl.lrc.1</p>	<p>3</p> <p>Learning Resource Center's 4 Part "Think Healthy Thoughts" Lunch and Learn Series Nov. 14 Nov. 21 Dec. 5 Jan. 16</p>  <p>TECH TUESDAYS prosperity connection</p>	<p>4</p> <p>Think Healthy Thoughts</p> 	<p>5</p>  <p>Hypertension: The Silent Killer</p>  <p>12:15-1:45 p.m.</p>	<p>6</p> <p>Crafty Friday: Christmas Snacks Snacks and materials provided! 12:15-1:15 p.m.</p>  <p><i>Festive Friday!</i> Christmas Music and Cookies</p>
<p>9</p> <p>Support your Learning Resource Center and stay informed about all of our exciting, upcoming events by LIKING US ON FACEBOOK!</p>  <p>sue.esl.lrc.1</p>	<p>10</p> <p>How to Start a Business: A Step-by-Step Guide 12:15-1:45 p.m.</p>  	<p>11</p> <p>Follow the LRC on Instagram @sue_esl_lrc</p> 	<p>12</p>  <p>Discovery Center Headstart Storytime Every Thursday 9-11 a.m.</p>	<p>13</p>  <p><i>Festive Friday!</i> Christmas Music and Cookies every Friday in December in the LRC!</p>
<p>16</p> 	<p>17</p> <p>FREE One-on-One Financial Coaching with Tamika Staten Office Hours: Every Tuesday 10 a.m.-2 p.m.</p>  <p>prosperity connection</p>	<p>18</p> <p>Follow the LRC on Instagram @sue_esl_lrc</p> 	<p>19</p>  <p>Discovery Center Headstart Storytime Every Thursday 9-11 a.m.</p>	<p>20</p>  <p><i>Festive Friday!</i> Christmas Music and Cookies every Friday in December in the LRC!</p>
<p>23</p> 	<p>24</p>  <p>Happy Holidays</p>	<p>25</p> <p>CLOSED DEC. 23—JAN. 3 HAVE A WONDERFUL HOLIDAY BREAK!</p>	<p>26</p> <p>CLOSED DEC. 23—JAN. 3 HAVE A WONDERFUL HOLIDAY BREAK!</p>	<p>27</p>  <p>MERRY CHRISTMAS HAPPY HOLIDAYS</p>
<p>30</p> 	<p>31</p>  <p>HAPPY NEW YEAR</p>	<p>THE LIBRARY WILL REOPEN ON MONDAY, JAN. 6. SEE YOU THEN!</p>	<p>THE LIBRARY WILL REOPEN ON MONDAY, JAN. 6. SEE YOU THEN!</p>	<p>Goals. Set them. Be them. Reach them.</p>  <p>New Year, New You</p>  <p>Thursday, Jan. 16 12:15-1:45 p.m.</p>

All activities are FREE!
 Need to reserve a space? Call: (618) 874-8719 or e-mail: sive.esl.library@gmail.com

January 2020

Hours of Operation:
 Monday-Friday
 8:30 a.m. — 4:30 p.m.

Monday	Tuesday	Wednesday	Thursday	Friday
<p>6</p> 	<p>7</p> <p>FREE One-on-One Financial Coaching with Tamika Staten Office Hours: Every Tuesday 10 a.m.-2 p.m.</p>  <p>prosperity connection™</p>	<p>1</p> 	<p>2</p> 	<p>3</p>
<p>13</p> <p>DON'T FORGET to sign up for the last "Think Healthy Thoughts" Series Lunch and Learn this Thursday to secure your spot, and your lunch!</p>	<p>14</p> <p>Learning Resource Center's 4 Part "Think Healthy Thoughts" Lunch and Learn Series Nov. 14 - Nov. 21 - Dec. 5 - Jan. 16</p> 	<p>8</p> <p>You can now follow the LRC on Instagram @sive_eslc_lrc</p> 	<p>9</p>  <p>Discovery Center Headstart Storytime Every Thursday 9-11 a.m.</p>	<p>10</p>  <p>Crafty Friday 12:15-1:15 p.m.</p>
<p>20</p>  <p>MARTIN LUTHER KING JR. DAY</p> 	<p>21</p> <p>FREE One-on-One Financial Coaching with Tamika Staten Office Hours: Every Tuesday 10 a.m.-2 p.m.</p>  <p>prosperity connection™</p>	<p>15</p> <p>Support your Learning Resource Center and stay informed about all of our exciting, upcoming events by LIKING US ON FACEBOOK!</p>  <p>sive.esl.lrc.1</p>	<p>16</p> <p>New Year, New You</p>  <p>12:15-1:45 p.m.</p>	<p>17</p> <p>Writer's Workshop Inquire at the LRC front desk for more information.</p> 
<p>27</p> <p>Today is Bubble Wrap Appreciation Day!</p>  <p>Come to the LRC for some therapeutic popping!</p>	<p>28</p> <p>FREE One-on-One Financial Coaching with Tamika Staten Office Hours: Every Tuesday 10 a.m.-2 p.m.</p>  <p>prosperity connection™</p>	<p>19</p> <p>We'll have a puzzle available in the LRC today to celebrate National Puzzle Day!</p> 	<p>23</p>  <p>Discovery Center Headstart Storytime Every Thursday 9-11 a.m.</p>	<p>24</p> <p>Tomorrow is not opposite day.</p> <p>Black History Month Writer's Contest submissions for Metro East High School Students are due on SUNDAY the 26th!</p> 
<p>27</p> <p>Today is Bubble Wrap Appreciation Day!</p>  <p>Come to the LRC for some therapeutic popping!</p>	<p>28</p> <p>FREE One-on-One Financial Coaching with Tamika Staten Office Hours: Every Tuesday 10 a.m.-2 p.m.</p>  <p>prosperity connection™</p>	<p>30</p>  <p>Discovery Center Headstart Storytime Every Thursday 9-11 a.m.</p>	<p>31</p>  <p>WARM UP WITH A GOOD BOOK</p>	